Orthomolecular medicine – derived from the Greek word "ortho" (meaning "correct" or "proper") and the Latin word "molecula" (meaning "small mass/part") – is based on the assumption that the health of a person is influenced by a certain balance of micro- and macronutrients within the body. In order to maintain and ensure this balance, orthomolecular nutritional science focuses on the question of the "right particles" (nutrients) and their respective quantity/dosage in the nutrition recommended for a particular purpose.

Caution: Do not exceed the recommended daily dose. Food supplements should not be viewed as a substitute for a balanced and varied diet and a healthy lifestyle. Keep the products out of sight and reach of children.

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SHITARI E FOR

VEGETARIANS





PREMIUM MULTI FORMULA

ORTHOMOLECULAR RECOMMENDATION



Food supplement with vitamins, mineral substances, the quarternary ammonium compound choline, enzymes and valuable plant substances. Vitamin C contributes to normal functioning of the immune system, to normal energy metabolism, to normal collagen production for normal functioning of the blood vessels, the bones, the cartilage function, the skin, and the teeth and gums, and to reducing tiredness and fatigue.

Recommended dose:

Take 1-2 pellets daily with plenty of water.

Storage: Store this product in a cool, dry place and away from direct sunlight.

Best before end: See date on base of container.

Contents: 120 pellets / 166 g